

Time Out

New York

Kids

BABY CITY

A RESOURCE GUIDE FOR NEW PARENTS



One of the reasons we're the city that never sleeps: Brody, 8 months



▲ Inward bound

Sure, you can spend the day in the park—if you enjoy treating frostbite. Or you can check out our list of indoor play spaces.

A year in the life

Stay classy

A baby's first 12 months abound in challenges for parents. Happily, NYC's mother lode of services is just as bountiful. So relax—our time line has got you covered till toddlerdom. By **Jennifer Kelly Geddes**

4–6 months

Parent coaches from **Swellbeing** host "Chat & Snack" at **apple seeds** (10 W 25th St); as moms and dads bond over issues like co-parenting, division of labor and napping, the under-one set rolls around on a large, soft mat strewn with toys.

10–12 months

Preverbal babies learn to express themselves through the **Baby Fingers** sign language and music class at **apple seeds** 10 W 25th St; 212-792-7590. "Developmental Movement" combines dance, rhythm and rhymes.