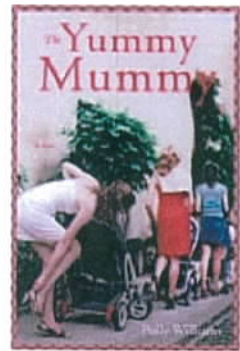


UrbanBaby

February 13, 2007

Yum's the Word

Imagine you're 6 months post-partum, and stuck between two worlds – the lumpy moms whose comfy sweatpants attest to their new priorities, and the "yummy mummies" who take their high-maintenance lifestyles up a notch to stay fabulous after the baby. Where would you fit in? That's the predicament faced by heroine Amy Crane in Polly Williams' new novel. Already a big hit in the UK, the book just arrived on our shores.



Worlds collide when new mom Amy meets Alice, a shoe shopping, Botoxing, Pilates maven who introduces her to her crew of slim, elegant West London moms and their whirlwind of designer baby gear and fad diets. The lifestyle Amy encounters helps her feel more like her old self instead of the overweight, invisible milk-cow she's been imagining herself to be, but it also alienates her boyfriend (her baby's father), and ultimately forces her to decide just what kind of mummy she really wants to be. Along the way, Williams cleverly takes aim at all the big maternal controversies, from extended breastfeeding to the inevitable questions of work versus home.

Sounds like the perfect book for a cold winter day, when you happen to stumble upon one of those delicious little moments you can grab for yourself.

Remember those?

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